

DISASTER PREPAREDNESS FOR SENIORS

A disaster can affect each person differently. Learn how disasters may affect you.

PERSONAL SUPPORT NETWORK

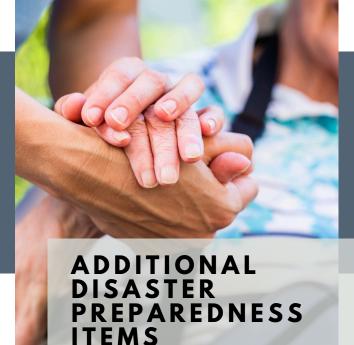
- Partner with your family and friends to create your personal support network
- Your network can include family, friends, roommates, neighbors, personal attendants and co-workers. During a disaster they will check if you are okay and give assistance if needed.

IF YOU NEED TO EVACUATE

- Shelter-in-place with someone in your personal support network, but only if they live in a home built after 1994 and is located outside the evacuation zone.
- Coordinate with your personal support network if you need to go to a public emergency Shelter. Shelter locations and opening times will be broadcast on TV and radio.
- If an evacuation is ordered on Oʻahu, city buses become evacuation shuttles that will take you to the nearest designated emergency shelter. Evacuation shuttles are free and can be flagged down anywhere along their route. You do not need to be at a bus stop.

PLAN AND PREPARE

Review DEM preparedness materials to help you make an emergency plan, then make your 14-Day Disaster Supply Kit (minimum of 14 days for each person). Learn more at honolulu.gov/dem/build-a-kit.



- Contact information of your personal support network members, doctors and other health care providers.
- Prescription medicines and dosage and a list of allergies.
- Extra eyeglasses and hearing-aid batteries.
- Extra wheelchair batteries and oxygen.
- Medical insurance and Medicare cards.
- The make, model, and serial number of pacemakers and other medical devices.
- A battery powered AM/FM radio with NOAA Weather Alert should be part of your Disaster Supply Kit.

STAYING INFORMED DURING A DISASTER

- Tune in to local TV/radio for updates.
- Learn how you will receive emergency alerts at <u>honolulu.gov/dem/stay-informed.</u>



City and County of Honolulu